

## KM Wellness Reiki Treatment

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### **Reiki Services Agreement: Client Information and Release Form**

**REIKI** (pronounced ray-key) means **universal life energy** in Japanese. The art of Usui Reiki is a system of gentle vibrational healing that was established by Dr. Usui from Japan in the late 19<sup>th</sup> century and is becoming increasingly popular in the western world.

**Reiki can greatly improve health and well-being by working on the physical, mental, emotional, and spiritual level at the same time.** This healing modality treats the whole person, revitalizing the body's own healing potential by restoring greater balance and allowing the natural life force to flow more freely.

Reiki is practiced with gentle hands-on, or by simply working with the energy above the body, while lying on the massage table wearing loose, comfortable clothing. As the energy flows through the practitioner's hands to the client, the client may perceive a pulsing or tingling sensation, a feeling of warmth or comfort, or a sense of releasing previously blocked emotions. Reiki can be used to reduce physical and emotional pain and to calm the mind. One can expect to experience deep relaxation on all levels as well as improve immune and nervous system functioning.

#### **CLIENT'S AGREEMENT**

However, I understand that Reiki is not a substitute for medical and other health care treatments. I also understand that Reiki practitioners do not diagnose conditions or claim to treat or cure specific illnesses. They neither prescribe substances or perform medical treatment, nor interfere with the treatment of a licensed medical professional. It is recommended that I see a licensed physician, or licensed healthcare professional for any physical or physiological ailment I may have. I will not hold the above Reiki practitioner liable for any pain or distress, physical or emotional, which may arise in the course of my Reiki treatments with her.

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_